



STATEMENT ON THE HAMMER THROW DURING THE IHSAA TRACK AND FIELD SEASON

Dear Indiana High School Hammer Throwers, Parents, Athletic Directors and Coaches,

In February of 2025, representatives of the Indiana High School Hammer Association (IHSHA) meet with representatives from the Indiana High School Athletic Association (IHSAA) at the IATCCA coaches clinic. The purpose of this meeting was to clarify the IHSAA's position on the hammer throw.

In this meeting, two assistant commissioners from the IHSAA conveyed to the IHSHA that, since the hammer throw is not a sanctioned IHSAA event, that the hammer throw event does not fall under its enforcement jurisdiction and therefore is not bound by IHSAA rules.

What does this mean for you as hammer throwers, parents, coaches and athletic directors?

1. *This means that athletes may compete in hammer throw practice and competitions without obtaining a waiver during the IHSAA track and field season.*
2. *It also means that the prohibition of athletes from different schools practicing together during the season is not relevant as long as the hammer throw is the only event being practiced.*

The conversation and information was clear and without conjecture.

Any source stating anything different is wrong and working with false information.

We would encourage any parent, coach or athletic director to contact the IHSHA with any questions or concerns.

Yours in throwing,

Brian R. Murer
Chairperson
Indiana High School Hammer Association